

# Susan Bello Ph.D ATR

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www.spontaneouspainting.com

## CURRICULUM

### ACADEMIC HISTORY

- 1988-1991      **Ph.D. Doctor of Philosophy**  
Psychology of Art and Expressive Therapy  
The Union Institute, Cincinnati, Ohio
- 1974-1976      **M.A. Degree Humanistic Psychology**  
California State College, Sonoma
- 1967-1970      **B.A. Degree History and Education**  
New York University, New York
- 1965-1966      Syracuse University, Fine Arts  
Syracuse, New York

### CERTIFICATION/TRAINING/LICENSURE

- 2006- 2017      Licensed Creative Arts Therapist,  
The University of the State of New York, Education Department
- 2003-2009      Training in Nonviolent Communication ([www.cnvc.org](http://www.cnvc.org))
- 2002-Fall 2005      Certified Group Analyst  
Center for Group Studies, New York City
- Training in Focusing ([www.focusing.org](http://www.focusing.org))
- 1994-2017      Registered Art Therapist-ATR  
American Art Therapy Association
- 1987-2017      Certified Facilitator of Biodanza Latin  
American Association of Biodanza
- 2004              Registered Expressive Therapist  
National Expressive Therapy Association
- 1978-1979      Publishing Copy Editor Hunter  
College, New York

## **ART THERAPY, WHOLE BRAIN LEARNING, ART EDUCATION COURSES**

- 2002-2013 Adelphi University - Department of Education, adjunct professor
- Emotional Education: The Spontaneous Painting Process
- Other Courses taught at Adelphi  
Training Facilitators in the Spontaneous Painting Methodology  
Opening the Creative Mind  
Nonviolent Compassionate Communication  
Teaching Aesthetics
- July – August 2010 Feevale University, Novo Hamburgo, Brazil
- 2006-2007 Long Island University, Rockland County Campus  
Department of Counseling and Development – Group Counseling Supervisor
- Fall 2005 Wisdom University, visiting professor - New York program with Mathew Fox
- Summer 2005 Long Island University, C.W. Post campus and Rockland County Campus  
Department of Counseling and Education – adjunct professor  
Creative Approaches to Counseling: The Spontaneous Painting Process
- Spring 2005 Participation in a team of professionals introducing a program to NYC  
teachers and students about Nonviolent communication at P.S. 18  
Bronx
- 2004 Queens College, Department of Educational and Community Programs  
Graduate Program in Counseling – workshop in The Spontaneous  
Painting Process
- 2002 - 2004 Developed and taught a two-year 450 hour certification training program for  
educators and psychologists in The Spontaneous Painting Process, Brasilia,  
Brazil.
- 2001 – 2003 Conducted teacher training in Emotional Education through Art Education at  
Scope and Boces, L.I., NY.
- 1995-2017 The Holistic University of Brasilia, UNIPAZ, Brazil
- 1994-2000 Long Island University C.W. Post Campus, L.I., N.Y.
- 2001 The City University of New York
- 1999 George Washington Univ., Washington, D.C..
- 1998 The Board of Education of Brasilia – Special Projects  
Supervised educators working with the street children - Meninos da Rua
- 1994-1998 University of Brasilia, Department of Art and Culture, Brazil

- 1993-1995 Cultural Foundation of the Federal District of Brasília, Brazil
- 1994, 1996 Federal University of Goiás, Goiânia – Art Therapy Department
- 1991-1994 Museum of Modern Art, Brasília DF, Brazil
- 1986-1988 Projeto University, Brasília DF, Brazil  
University of Brasilia, Department of Art and Cultural Projects, Brazil

## **WORKSHOPS PRESENTED IN THE SPONTANEOUS PAINTING METHOD**

- October 2012
  - 10<sup>th</sup> Conference of Art Therapy in Natal, Brazil
  - UNIPAZ University, Brasilia
- November 2011 Assoc. for Psychotherapy and Spirituality, NYC  
Spontaneous Painting
- February- March 2010 The Open Center, NYC
- August 2007, 2009 Feevale University, Novo Hamburgo, Brazil. Lecture and workshop
  - Legion of Goodwill (LBV), teenage shelter in Porto Alegre for educators and psychologists
- July 2009 “Educating Beyond the Intellect”, 7<sup>th</sup> International Conference, The Legion of Goodwill in Sao Paulo, Brazil:
  - Museum of Modern Art - Goiana, Brazil
  - UNIPAZ, University of Peace – Brasilia, DF
- 2007
  - Spontaneous Painting Workshops presented in New York area
  - Biodanza presented at the Conference for Nonviolent Communication, NYC
- 2006
  - Spontaneous Painting Workshops presented in Manhattan
  - Biodanza presented at the Conference for Nonviolent Communication, Riverdale, New York and at the International Conference for Nonviolent Communication in Montreal, Canada
- 2005
  - Conference on Spirituality, Psychotherapy and Healing
  - Biodanza presented at the Conference for Nonviolent Communication Riverdale, New York
- 2004
  - Good Shepherd Services-The Human Services Workshops, Manhattan  
Helping Adolescents Express Their Emotions Creatively
  - American Group Psychotherapy Association Annual Meeting, Manhattan
  - Adult Education Program - Port Washington, L. I. School District
  - Biodanza School of Montreal - Montreal, Canada
- 2003
  - American Group Psychotherapy Association Annual Meeting, New Orleans

- Eastern Group Psychotherapy Association, Manhattan
  - Science & Spirituality Annual Conference, Manhattan
  - Adult Education – Port Washington, L.I. School District
  - Huntington High School, L.I., Teacher Center
- 2002
- Hong Kong Arts with the Disabled Association, Hong Kong
  - Expressive Arts Therapy Conference, Long Island University, C.W. Post
  - Institute of Expressive Analysis Conference, Manhattan
  - Westchester Group Psychotherapy Society
- 2001
- Long Island, N.Y.:
- Continuing Adult Education of Port Washington
  - Northport Museum and Historical Society
  - Pathways for Women’s Health, Manhasset
  - Unitarian Church of Huntington
  - The Women’s Center of Huntington
- Manhattan, N.Y.
- Center for Healing Works
  - The Learning Annex
  - The Eastern Group Psychotherapy Conference
- 2000 – 2006
- Manhattan and Long Island  
Ongoing groups and private practice in expressive therapy
- 2000
- The Balanced Mind VI Curriculum Conference, Long Island, NY
  - Conference of the Eastern Group Psychotherapy Society, NY
  - Creative Problem Solving Institute Conference, Buffalo, NY
  - New York State Art Teachers Association, Albany, NY
- 1998
- Lightworks Holistic Center, Long Island, NY
  - Art and Cultural Center, Goiânia (GO), Brazil
- 1997, 1998
- Nature Reserve, Curitiba (PR), Brazil
  - Pólen Institute, Rio de Janeiro (RJ), Brazil
  - Celeiro Center, São Paulo (SP), Brazil
- 1997
- International Biodanza Conference, Caldas Novas, Brazil
  - Lucent Technologies, Division of AT&T, New Jersey, USA
- 1996
- II Holistic Conference of Central-Western Brazil, Pirenópolis, Brazil
  - I Transpersonal Conference of Central-Western Brazil
  - II Brazilian Art Therapy Conference, Rio de Janeiro, Brazil
  - I Training Program in Anthroposophical Medicine, Brasília DF, Brazil
- 1994-1996
- Association of Art Therapists, Rio de Janeiro (RJ), Brazil
- 1986-1998
- Center of Creation, Pirenópolis (GO), Brazil

- 1986-1999
- The Open Center, Manhattan, NY
- Wainright House, Rye, New York
  - Interface, Cambridge, Massachusetts

## **CROSS-CULTURAL STUDIES**

July 2012-2017      **Florence Academy of Art-Studied Classical Portrait Drawing**

1988-2000      Brasília, DF, Brazil  
Facilitator Certification, Latin American School of Biodanza

1971-1974      India and Nepal  
Studied sacred imagery, Hindu religion, Buddhist meditation and philosophy, Tibetan carpet weaving and yoga

## **ADDITIONAL PROFESSIONAL EXPERIENCE**

2003-2017      Director of the Non for Profit - Organization for the Arts & Whole Brain Learning, Inc. dedicated to Whole Brain Learning through the Arts  
[www.spontaneouspainting.com](http://www.spontaneouspainting.com)

2006      Private practice in art therapy

1989-1998      Founder and Director of the Center of Creation,  
a holistic center for developing creative potential, Pirenopolis (GO), Brazil

1998, 2001      Developed a holistic educational program approved by the Ministry of Culture in Brazil, Brasília DF-“Developing the Creative Personality”

1990      Co-therapist with Dr. Lina Fugeri  
Modern Psychoanalytic Group Analysis Training, Manhattan, New York

1987-1988      Member of the Board of Directors, American School of Brasília, Brazil

1988-1991      Education Consultant - Escola das Nações and Escola Americana de Brasília, Brazil

1983-1985      Founder and Director of the International Women’s Artist Association of Singapore

1980-1985      Hosted and implemented international protocol in Jakarta, Singapore and Brasília for the Brazilian Ministry of Foreign Relations

1979-1980      Manhattan, New York  
Substitute teacher in Art Education and Fine Arts for public and private schools - Manhattan, New York

1977-1978      Cottage parent utilizing art therapy with disturbed adolescents,  
Pleasantville Cottage School, Westchester New York

1976-1977      Yoga Instructor at holistic and yoga centers in California and New York

## **ART EXHIBITION HISTORY**

### **I. COLLECTIVE STUDENT EXHIBITS**

- 1998 Collective show of 25 students' art works at the Central Bank Caixa Economica, Brasília
- 1996 Collective show of 15 students' spontaneous paintings, University of Brasília
- 1995 Collective show of students' paintings from Long Island University C.W. Post, Shelter Island Art Gallery
- 1993 Collective show of 20 students' paintings – Cultural Foundation of the Federal District of Brasília
- Collective show of 15 students' paintings at the Museum of Modern Art, Brasília
- Collective show of 30 students' paintings at Central Bank Caixa Economica, Brasília

### **II. MY GROUP AND SOLO EXHIBITIONS**

- 1998 Collective exhibit at the Central Bank, Caixa Econômica in Brasília, DF
- 1992 Global Forum Earth Summit, Rio de Janeiro, sponsored by the United Nations
- Omame Project, a meeting of environmental artists who prepared a declaration they presented at the Earth Summit, Brasília, DF
- 1991 "Labirinto Sábio" (Society of Friends of the Biosphere)  
First collective exhibit of environmental artists in Brasília, National Theatre
- 1990 "Útopia Ja – Mother Earth Series" Exhibited at the Ministry of the Environment, IBAMA, Brasília, DF
- 1989 Individual exhibit of 20 paintings – Spanish Cultural Institute, Brasília, DF
- 1987-1991 Exhibited 2 of my large paintings in Brasília at the Corporation Embratel and various public sites as part of my doctoral research investigating the emotional impact of public art on the viewer
- 1986 Individual exhibit "Portraits of Women of the Third World" at the American Women's Association, Singapore
- 1983 Commissioned by the Ministry of Health-Kualalumpur, Malaysia to create a public mural on nutrition
- 1982 Group Sembilan – Collective exhibition of 8 international women artists at the Indonesian Cultural Center, Jakarta

## **PUBLISHED WRITINGS**

- June 2013            ***Spontaneous Painting: Creating the Symbol Journey***, Published by Balboa Press, E-book and hard copy.
- 2003  
York                    “What is Transpersonal Art and Spontaneous Painting?” in New Mental Health Counselors Association News, Winter 2003, Vol.3, Issue 1
- 2002                    “Teaching Children to Express Their Inner World,” in Encounter: Education for Meaning and Social Justice, Vol.15 No.3, p 60-4
- 2001                    “Emotional Education through Spontaneous Painting” in Creations, Sept/Oct. L.I., N.Y.
- 1998, 1996            Painting Your Soul: a method to develop the creative personality, Book published in portuguese, 3<sup>rd</sup> edition – editora WAK Rio de Janeiro
- 1998                    “Art As a Healing Force” in Creations, Dec/Jan, L.I., N.Y.  
1995                    “Pintura Espontânea” in IMAGENS da Transformação Revista de Arteterapia. Rio de Janeiro, August, Vol. 2, No. 2
- 1994                    “Archetypal Art as Means Toward Wholeness” in Journal of Exceptional Human Experience. New York, June, Vol. 12, No. 1

## **ADDITIONAL PUBLISHING EXPERIENCE**

- 1972-1973            Edited The Philosophy and Practice of Yoga by Swami Padmanhabha Pillai, published in India
- 1979-1980            Freelance Copy Editor in Manhattan for McGraw-Hill, D. Van Nostrand, John Wiley, Bantam and Harper & Row
- Freelance writer for Creative Perspectives Inc., a publisher of educational material for young adults with reading disabilities

## **LECTURES and PAPERS PRESENTED**

- 2013                    Eve Presenter at Skidmore College in Saratoga Springs, NY from June 20-23. A Women's Symposium focusing on Art and Activism - strategies for amplifying women's voices, ideas and creative projects worldwide. Sponsored by Jan Phillips and the Loving Kindness Foundation.
- NYBC Academy, Lecture Series: Negotiation & Meditation,  
*Developing Creative Potential in Your Life*
- 2012                    10<sup>th</sup> Conference of Art Therapy in Natal, Brazil, “Art and Spirituality
- VI Encontro Paraibano de Arteterapia -
- Keynote Speaker

Instituto Sedes Sapientiae – Presentation of the Video “Spontaneous Painting” subtitles in Portuguese

- 2011 New York Insight Meditation Society,  
Annual Conference National Art Educators Assoc. (NAEA)  
Presenter: “Spontaneous Painting: Building a Culture of Peace”,  
Seattle Wash.
- March  
2010
- “Understanding the Symbolic Language” NY Society for General Semantics, Manhattan
  - ISSSEEM Conference, Colorado – Evidence Based Spirituality for the 21<sup>st</sup> Century – “Spontaneous Painting and Subtle Energy”
- 2009 Carbon Neutral 2020: Power point and presentation table, Ego-logical to Eco-Logical Art for Transformation, Fordham University, NYC
- Television - interviewed on Brazilian programs: LBV, Feevale
  - University of Peace, UNIPAZ – Brasilia DF
  - Power Point Presentations on Spontaneous Painting in Sao Paulo, Goiana, and Novo Hamburgo, Brasilia,
- 2007 “Awakening Whole Brain Learning Approaches in Art Education,”  
Feevale University, Novo Hamburgo, Brazil
- 2004 Association for Spirituality and Psychotherapy, Manhattan  
“Art as a Pathway to Spiritual and Self Development”
- 2002 Cable Television Channel 70, L.I. “What Is Spontaneous Painting?”
- 2001 “Spontaneous Painting and Biodanza” – presented to the team of psychiatrists and social workers at Mercy Hospital, L.I.  
  
The Northport Museum and Historical Society  
Pathways for Women’s Health, Mahasset, L.I.
- 2000 Interview on Nassau Community College, Radio Station L.I. Program  
Art Forum
- 1999 Interview on Radio Nacional Program about the Training Program  
in Spontaneous Painting, Brasilia DF, Brazil
- 1998 “Practicing Creativity to Promote Inner Equilibrium”  
The Cultural Auditorium in the House of Representatives, Brasilia DF,  
Brazil, A video of this lecture appeared on national television in Brazil  
  
“Transpersonal Perspectives in Art Therapy,” Naropa Institute,  
Art Therapy Conference, Boulder Colorado
- 1998, 1997 Interviewed on channel Radio Cultura in Rio de Janeiro and various radio  
and television programs in Brazil about Spontaneous Painting



- University of Brasília, Art Department, Brazil “The New Paradigm in Education”
- 1996 II Holistic/Transpersonal Conference of Central-Western Brazil, Pirenópolis, GO “Future Directions in Education”
- Interviewed on NET cable TV Channel 21 at the signing of my book Painting Your Soul: a method to develop the creative personality.  
Rio de Janeiro, (RJ), Brazil
- II Brazilian Conference of Art Therapy, Rio de Janeiro, “Creating an Appropriate Environment for Creativity” and a Book Signing for Painting Your Soul: a method to develop the creative personality
- ONG for feminist activities, CEMINA, Rio de Janeiro (RJ), Brazil  
Interviewed on the radio program “Women Speak.”
- I Brazilian Biodanza Symposium “Movement and Painting: Two Innate Abilities of Creative Expression”
- 1995 The Holistic University of Brasília, UNIPAZ  
“The Auto-critic as a Block to the Creative Personality”
- 1994 Cultural Center at the Brazilian Senate, Brasília  
“Spontaneous Painting and Cultural Evolution”
- The Holistic University of Brasília, UNIPAZ  
“Art Therapy and the Spontaneous Painting Process”
- 1993 Rosicrucian Order AMORC, Brasília DF, Brazil  
“Symbolism and Shamanic Art”
- Theosophical Society of Brasília  
“Brazilian Women and Exceptional Human Experience”
- 1992 Global Forum Roundtable at the Earth Summit, Rio de Janeiro (RJ), Brazil  
“Future Directions in Public Art”
- 1991 Annual Transpersonal Psychology Conference in Monterey, California,  
“The Impact of Archetypal Paintings on Brazilians”
- II International Holistic Conference, Belo Horizonte, (BH) Brazil  
“What is Archetypal Art?”  
“ECO Art and Public Murals”
- 1990 University of Brasília DF, Brazil  
“Expressive Therapy: Painting with the Inner Eye”
- I Holistic Conference of Central-Western Brazil  
“New Directions in Education”
- 1988 Theosophical Society of Brasília DF, Brazil  
“Art as Meditation”